# NE Region HHI Monthly Report <u>February 2016</u>

### Clay Co

Cleburne Co

## **Craighead Co**

- 5 Presentations were made to the Jonesboro High School on AIDS/HIV/STD/Family Planning (teens)/Hometown Health/Infant Mortality/Injury Prevention & Violence/Tobacco Control/Smoking Cessation/Fetal Alcohol Syndrome/Shaken Baby Syndrome/Drug Exposed Infants using Reality Works Dolls and Smoking Effects on Pregnancy. There were 152 participants in attendance.
- Valley View School had a "Healthy Mixer" created by the school health teacher; and education was provided on the importance of nutrition, healthy meals and snack alternatives. Other topics covered were: Physical Activity and Act 811.
- NEA Baptist sponsored a health fair at Nettleton Performing Arts Center for the female high school seniors. They had glucose, blood pressure, BMI, and cholesterol checks. We provided educational handouts to go along with these specific targets. Other topics were: Heart Health, and tobacco prevention with approximately 100 students in attendance.
- A presentation was made to Opportunity House on "Heart Health" and "Tobacco Prevention and Quitting". Approximately 20 males attended.
- MacArthur Jr. High School received education through a presentation made on "Dangers of Tobacco" and "Tobacco Prevention". Models were used to show damage to your body after prolonged use and handouts were shared. Approximately 120 were in attendance.

#### **Crittenden Co**

- Ingram Court residents received education on depression. Approximately 13 were in attendance.
- A presentation was made to residents of the Ecumenical Village on depression with approximately 15 attending.

#### **Cross Co**

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## Fulton Co

#### **Greene Co**

- Matter of Balance Training was held at New Haven Church. Other topics targeted were "Harms of Tobacco".
- Matter of Balance Training was held at Sunshine Manor Retirement Home with approximately 12 participants. Other topics targeted were "Harms of Tobacco".
- CREC Scoliosis and Obesity Certification Training for 10 New School Nurses introducing them to topics such as Hometown Health/Wellness/Tobacco Control and Smoking Cessation. Other targets included were: Dangers of smoking and proper healing if someone undergoes surgery for Scoliosis and SOS Quitline along with the contact information.
- CREC Early Childhood Education was provided information on programs that included: Tobacco
  Control/Smoking Cessation/Emerging Tobacco Products/Hometown Health/Heart
  Disease/Stroke/HTN/and Wellness. Education was also provided regarding how to respond to certain
  emergencies related to cardiac arrest in infants, children and adults by providing instruction in CPR &
  AED use.

- Presentations were made to Marmaduke Elementary School regarding Hygiene/Tobacco Harms/Act 811/SOS Quitline/Oral Health and Nutrition. This presentation was made to approximately 100 5<sup>th</sup> and 6<sup>th</sup> grade students.
- Oral Presentations were made to the Brookland Elementary School students Kindergarten 3<sup>rd</sup> grades. Other topics covered were: Tobacco/Act 811/Cancer/Nutrition and Physical Activity. Videos were introduced using the DVD "Geena Big Tooth Adventure that demonstrates the importance of proper oral health and the students were shown how to brush and use floss properly. Approximately 140 students were in attendance.

#### **Independence Co**

## **Izard Co**

- A presentation on high blood pressure vs. normal was made to the parent groups at Melbourne Head Start with approximately 7 parents in attendance.
- Obesity Prevention Education along with BMI Training was provided at the North Central Cooperative of Melbourne to 6 school nurses. Other targets covered were: Nutrition presentation – My Plate, Sugary Drinks and the importance of water, exercise and NOT using Tobacco products.
- Education was provided on "Shaken Baby Syndrome" to the parenting class at Melbourne High School with 11 students attending.
- A presentation on Tobacco was made to the personal care aides in Izard County at their quarterly inservice meeting. Approximately 21 were in attendance.
- Provided Oral Health Education in conjunction with Izard County Extension Office for the 3<sup>rd</sup> grade students at Izard County Consolidated Elementary with approximately 31 students and 2 adults in attendance.

### **Jackson County**

#### **Lawrence Co**

- 6 Presentations were made to students 7<sup>th</sup> 12<sup>th</sup> graders at Sloan Hendrix School on the "Harms of Tobacco" along with "Dangers of Texting & Driving". Approximately 130 students were present.
- Educated 80 female students in grades 7<sup>th</sup> 12<sup>th</sup> at Sloan Hendrix School on STD's and Teen Pregnancy including FAS.
- Presentations were made to around 90 male students at Sloan Hendrix School ranging from grades 7<sup>th</sup> 12<sup>th</sup> with an emphasis on STD's along with Teen Pregnancy and FAS.

#### Mississippi Co

#### **Poinsett Co**

- Presentations were made to 50 Weiner Elementary School Students on Nutrition/Physical Activity/Tobacco/Act 811/Oral Health and children were shown 2 videos on the importance of washing their hands.
- Approximately 50 5<sup>th</sup> & 6<sup>th</sup> grade students at Weiner Elementary received education on Smokeless Tobacco/Diseases related to Tobacco Use/Act 811/Tobacco SOS Quitline number and resources/Nutrition/Physical Activity and Oral Health.

## Randolph Co

A presentation was made to approximately 5 students at Alma Spikes Elementary School on proper hygiene. Other targets shared were: Act 811 & Dangers of Secondhand Smoke.

## <u>Sharp</u>

#### Stone Co

## White Co

- Education was provided to the Pangburn High School students on STD's and Teen Pregnancy. Information and pamphlets was shared about prevention, symptoms, treatment of Sexually Transmitted Diseases; such as Herpes, HPV, Syphilis, Gonorrhea, Chlamydia, HIV and AIDS. CDNS gave students a chart that demonstrated how having multiple sex partners increases their risk of getting STD's.
- 2 Presentations were made to New Hope Specialized Industries on Suicide Awareness that covered language statistics, myths about suicide, warning signs, risk factors, basic intervention skills, and the aftermath of suicidal behavior. Approximately 32 adults were in attendance.

## **Woodruff Co**

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